



**November 15<sup>th</sup> update on our preparations for the National Summer Games** in Hamilton, Thursday 8th - Monday 12th December. Visit the official NSG website and our website: <https://nsg2021.specialolympics.org.nz> & <https://www.specialolympicsrotorua.co.nz>



Jill Allely ph 027 234 5062 is Head of Delegation and Kylie Stampa ph 027 430 4084 is assistant HOD.

**Departure for Hamilton - Thursday 8th December 8.30am from the main Lakefront carpark off Lake Rd**  
Please arrive at the carpark at 8am to allow for time to load luggage on the bus and take a team photo. Hopefully family members can provide transport to the lakefront but if you need transport, please let Jill or Kylie know. Most of the team will travel by bus but we are also hiring a van and will have a few private cars.



### Arrival back in Rotorua Monday 12th December approx. 9.30pm at the Lakefront carpark

This will be at night after the closing ceremony and disco which finishes about 8pm. Again, families need to collect athletes unless prior arrangements have been made.



### Change to the NSG Bocce Team

Te Waikura has withdrawn from the team and is being replaced by Maureen, so that both teams will still have the required number of bowlers. According to the rules, a team cannot play with less than four.

### Changes to the Covid Protocol

Only one RAT test is now required before departure. These will be included in the new travel bags and should be done the night before the team leaves (Wed 7<sup>th</sup> Dec) prior to bedtime or earlier if you are not going out. **If you have a positive result that shows you may be infectious**, please phone Jill as a second test may be needed. It is important that you let Jill or Kylie know if you are unwell at any time before or during the games. If an athlete or volunteer becomes unwell during the games, they may need to return home so it is important that your emergency contacts (relatives/support staff) are contactable by phone at all times. Masks are now only required for the HAPS programme (see below) and will be provided.



### Healthy Athletes Programme (HAPS)

This is a free screening programme that athletes can take part in but is not compulsory. It looks at five areas – feet, eyesight, teeth, hearing and health promotion. Athletes are asked to have their ears checked for wax before going to the NSG if they wish to have their hearing tested. If there are any areas of HAPS you **do not** want to take part in, please let Jill or Kylie know. For more information:

<https://nsg2021.specialolympics.org.nz/learn-more/healthy-athletes/#health-promotion>

### Accommodation

The team will be staying in the WINTEC Student Village, 181 Collingwood St. Breakfast and dinner will be at the campus nearby. More information will be given at our full team meeting on the 26<sup>th</sup> November. Accommodation website: <https://www.wintec.ac.nz/student-resources/accommodation/student-village>

### NSG Supporters

With the games being held in Hamilton for the first time since the 1990s, this is a great opportunity to come along and watch our athletes in action. **Entry is free**. The opening and closing ceremonies both start at 4pm. You can sign up online for more information for supporters. Sport venues: <https://nsg2021.specialolympics.org.nz/sports/>

The games schedule: <https://nsg2021.specialolympics.org.nz/schedule/>

Supporter registration: <https://nsg2021.specialolympics.org.nz/national-summer-games-supporters-page/>



**Monday 21 November 3.30pm - Law Enforcement Torch Run leaving from the Lakefront Memorial Drive carpark, close to QE Hospital.** We will give out polo shirts for this that are not required for the NSG and older jackets if wet. The event is also for athletes and supporters not going to the NSG and will take about an hour.

### Final NSG Team Meeting - Saturday 26th November 11am at Motion Entertainment

We want every NSG athlete along with a parent or support person to attend this meeting. There will be an opportunity to meet with the volunteer/s responsible for each athlete, updating emergency contact details, filling in forms that will enable volunteers to better assist each athlete and giving out the athlete travel bags and uniforms. There will also be details about who athletes will be sharing accommodation with.

**Saturday 17th December 1.15pm – 5pm Prizegiving at the Agrodome – Don't forget to return your forms.**

