


Newsletter 12th June 2020

## Welcome back to training, from the 15<sup>th</sup> June!

Terms 2 & 3 Sports – Please note that we will continue through the July school holidays where possible. Please see Page 2 for more information.



**BASKETBALL:** Saturdays 9am – 10am at Lynmore Primary School gym, Iles Rd.

**SOCCER:** Tuesdays 6pm – 7pm at Lynmore Primary School gym, Iles Rd. 



**INDOOR BOWLS** Wednesdays 5pm – 6.30pm at WHHS, School Hall, Old Quarry Rd.



(At this stage **BOCCE** will probably take a break until Term 4)



**SWIMMING:** Mondays 6pm -7pm in the deep pool, Aquatic Centre, Tarewa Rd.

(Competent Swimmers only) or Thursdays 6pm -7pm in the learner's pool.



**TEN PIN BOWLING:** Two sessions. Saturdays at Strike Zone, Motion Entertainment, Te Ngae Rd.

**League A - 9.30am** play two games. By invitation only. Finishes by 10.30am.

**League B - 10.15am** play one game. Includes new athletes. Usually finishes by 11.15am.

The cost has been increased by \$1 to \$5 per game or \$10 for 2 games which will apply from when you next need to pay. This is just over half the full cost; the rest is subsidised by Special Olympics Rotorua so we appreciate it if athletes can pay the amount we ask. As there are only 5 ten pin days until the end of the July school holidays, if paying a lump sum for Term 2 then **League A athletes will pay \$50 ( ) and League B athletes \$25.** In Term 3, the lump sums for a full term will be \$100 (A League) and \$50 (B League).

We prefer payment via Direct deposit or Internet banking to

Special Olympics Rotorua, ANZ account 06 – 0996 - 0153831 - 01 Please put the athletes name and Tenpin for our reference. Shona keeps a record of payments and will still accept cash payments on Saturday. If you paid a lump sum in Term 1 and are unsure of when you are now paid up to, please ask Shona.



**UPCOMING TOURNAMENTS - Dates may change. Coaches select which athletes go.**

Some are Tier1 = 1-day tournament and those with an \* are Tier 2 = 2-days (usually 1 or 2 nights away)

**Basketball:** 27 Sept, Rotorua. **Indoor Bowls:** \*12/13 Sept, Tauranga.

**Soccer/Football:** \*3/4 Oct, Clive. **Swimming** 19 Sept, Taupo; \*31 Oct/1 Nov, Te Awamutu.

**Tenpin Bowling:** 5 Sept, Tauranga. N.B. Due to the Lockdown, there is NO tenpin tournament in Rotorua.



**ATHLETE AND VOLUNTEER FORMS** If you are given forms to fill in, **please return them as soon as possible** so our paperwork is up to date.

## NSG 2021 Information Meeting

**Sunday 12th July, 2 pm – 4pm at St Chads, 2 Devon St**

For athletes, volunteers, families and support staff. We will be asking for an expression of interest from athletes and volunteers who would like to go to next year's National Summer Games in Hamilton. It is **not** a guarantee of selection but to help with planning. We do not have a confirmed date but it will be over 4 - 5 days including the weekend of 11<sup>th</sup> and 12<sup>th</sup> December 2021. Visit <https://nsg2021.specialolympics.org.nz/> for more information.



**Enquiries please contact:** Stella ph. 348 5889 (Sports Coordinator)

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Follow **Special Olympics Rotorua** on Facebook for photos & results and updates.

## We'll need to follow some new hygiene steps when we go back to training.

These steps are slightly different for each sport, so your coach will explain what these are to you. If you do have concerns or are anxious about returning to training please let your coach know. If you are not sure who to contact, you can phone Stella 07 348 5889.

### Tips for athletes and volunteers

- **If you are sick stay at home.**
- Wash your hands or use hand sanitiser before and after training.
- Sneeze and cough into your elbow.
- Please clean your sports equipment, especially balls.
- Clearly label your water bottle to ensure cross contamination is avoided.
- If you're concerned about your well-being or if you have an underlying health condition, it's recommended you work with your GP.
- If you have cold or flu-like symptoms, call your doctor or [Healthline](#) and follow their advice.

To help with contact tracing, if needed, we are required to keep a roll of everyone who attends each session, including volunteers, parents and support staff.

***If in doubt, sit out'.***



Wash your hands with soap and water often (for at least 20 seconds). Then dry.



Cough or sneeze into your elbow or by covering your mouth and nose with tissues.



Clean and disinfect frequently touched surfaces and objects, such as doorknobs.



Don't touch your eyes, nose or mouth if your hands are not clean.



Put used tissues in the bin or a bag immediately.



Stay home if you feel unwell.

For updates and more information on keeping yourself safe, visit [Covid19.govt.nz](https://www.covid19.govt.nz)

[New Zealand Government](#)

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